

Are you affected by someone close to you with a drink or drug related problem and associated mental health issues ?

We understand that Families and Concerned Others can suffer
too - and we care about YOU !



Rebound Can help !

We are a **CONFIDENTIAL** empathetic support group offering both
Group Support and One-to-One Support as needed.



Rebound at The Carers` Centre
117 Orchard Road
Southsea PO4 0AD

FOR MORE INFORMATION PLEASE CALL US ON :

07939 580 167

E Mail : info@reboundgroup.org.uk Website : www.reboundgroup.org.uk

Rebound Carers` Support Group Ltd is Registered in England Registered No. 8754766
Registered Address : 17 Elgar Walk, Waterlooville, Hampshire PO7 5UT



Weekly meetings are held on Tuesday Evenings
from 7.00 to 9.00 PM

