


**Are you affected by someone close to you
with a drink or drug related problem and
associated mental health issues ?**

We understand that Families and Concerned Others can suffer
too - and we care about YOU !



Rebound
Can help !

We are a **CONFIDENTIAL** empathetic support group offering both
Group Support and One-to-One Support as needed.

 **Rebound** at The Carers' Centre
117 Orchard Road
Southsea PO4 0AD

FOR MORE INFORMATION PLEASE CALL US ON :

07939 580 167

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